

What is Rheumatoid Arthritis (RA)?

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nras

National Rheumatoid
Arthritis Society

Changing Minds, Changing Services,
Changing Lives for people with RA and JIA

Rheumatoid arthritis is very different to Osteoarthritis (OA) – RA strikes at ANY age

RA is a systemic autoimmune disease that attacks the joints and can cause irreversible damage which can lead to disability

Typical symptoms are joint stiffness, swelling, extreme pain and fatigue affecting one's ability to carry out normal everyday tasks

It can also affect organs including the heart, lungs and eyes

It can strike at any age, most commonly between the ages of 40-60, affecting nearly 3 times more women than men. There are approximately 690,000 people in the UK with RA

It is a progressive, chronic disease for which there is currently no cure

NRAS is the only UK charity dedicated to improving life for people with RA